

Date: \_\_\_\_\_



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LICENSED PSYCHOLOGIST

Welcome! Please complete the following Intake Questionnaire. Leave blank any items that do not apply or that you do not feel comfortable completing. Thank you.

**Contact Information**

- 1. Name: \_\_\_\_\_
- 2. Preferred name (if any): \_\_\_\_\_
- 3. Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_
- 4. Last 4 of SSN: \_\_\_\_\_
- 5. Home Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- 6. Mobile phone: \_\_\_\_\_  
Ok to leave messages?     Yes     No
- 7. Work phone: \_\_\_\_\_  
Ok to leave messages?     Yes     No
- 8. E-mail: \_\_\_\_\_  
Ok to leave messages?     Yes     No

**Emergency Contact**

- 9. Name: \_\_\_\_\_
  - a. Relation to you: \_\_\_\_\_
  - b. Phone: \_\_\_\_\_  
 Mobile     Home     Work
  - c. Alt. Phone: \_\_\_\_\_  
 Mobile     Home     Work
  - d. Home Address:  Same as client, or:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Education, Work, & Legal History**

10. Highest level of education completed:

- |   |  |
|---|--|
| <input type="checkbox"/> Grade _____        | <input type="checkbox"/> GED               |
| <input type="checkbox"/> High School        | <input type="checkbox"/> Some college      |
| <input type="checkbox"/> Associate's degree | <input type="checkbox"/> Bachelor's degree |
| <input type="checkbox"/> Master's degree    | <input type="checkbox"/> MD/PhD            |
| <input type="checkbox"/> Other: _____       |  |

11. Current work:

- Employed ----->
- a. Employer: \_\_\_\_\_
- b. Job title: \_\_\_\_\_
- c. Hours per week: \_\_\_\_\_
- 
- Student
- Work in the home
- Not working

12. Legal history:  None

Arrested in the past

Convicted of a crime

Involved in litigation currently

**Medical Conditions and History**

13. Have you had any of the following medical concerns?  None

- |   |   |
|---|---|
| <input type="checkbox"/> Cancer             | <input type="checkbox"/> Diabetes         |
| <input type="checkbox"/> Thyroid problems   | <input type="checkbox"/> Concussion       |
| <input type="checkbox"/> Low iron (anemia)  | <input type="checkbox"/> Seizure/Epilepsy |
| <input type="checkbox"/> Head injury or TBI | <input type="checkbox"/> Migraines        |
| <input type="checkbox"/> Chronic pain       | <input type="checkbox"/> Other (specify): |
- 

14. Do you have a documented or diagnosed disability?  None

- |  |   |
|--|---|
| <input type="checkbox"/> Deaf or hard of hearing | <input type="checkbox"/> ADHD or Learning Disability      |
| <input type="checkbox"/> Visual impairment       | <input type="checkbox"/> Mental health disorder           |
| <input type="checkbox"/> Mobility impairment     | <input type="checkbox"/> Physical/health-related disorder |
| <input type="checkbox"/> Chronic pain            | <input type="checkbox"/> Other (specify):                 |
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15. Please list all current medications:

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16. Name of your primary care doctor: \_\_\_\_\_

a. Practicing at what clinic/hospital? \_\_\_\_\_

b. Phone: \_\_\_\_\_

c. Approximate date of your last visit: \_\_\_\_\_

17. Name of your psychiatrist (if applicable): \_\_\_\_\_

a. Practicing at what clinic/hospital? \_\_\_\_\_

b. Phone: \_\_\_\_\_

**Identity Information**

18. Relationship:  Single  Partnered  Married  Separated/Divorced  Widowed

19. Do you have children?  Yes  No Ages: \_\_\_\_\_

20. How do identify with regard to...

a. Gender: \_\_\_\_\_

b. Race and/or Ethnicity: \_\_\_\_\_

c. Sexuality/Orientation: \_\_\_\_\_

d. Religion/Spirituality: \_\_\_\_\_

**Mental Health History**

21. Have you had previous counseling?  Yes  No

a. When? \_\_\_\_\_

b. For what? \_\_\_\_\_

c. Was it helpful? \_\_\_\_\_

22. Have you ever been to the hospital for mental health concerns?  Yes  No

23. Are you aware of any family history of mental health concerns, even if not diagnosed (e.g., anxiety, depression, substance use, suicides/attempts)?  Yes  No

a. If "Yes," please list the relation to you and the type of concern:

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## **Presenting Concerns**

24. What brings you to therapy? Why now?

25. How long has this concern/problem been distressing to you?

26. Who are the primary people you turn to for support?

27. What you do consider to be your strengths?

28. What brings you meaning / purpose in your life?

29. What do you hope to get from therapy?

30. What else should I know about you?

**Thank you!**